

# PILGRIMAGE OF GRACE

E U C H A R I S T



## Exodus 16

### Exodus 16:1-8

*Having set out from Elim, the whole Israelite community came into the wilderness of Sin, which is between Elim and Sinai, on the fifteenth day of the second month after their departure from the land of Egypt. Here in the wilderness the whole Israelite community grumbled against Moses and Aaron. The Israelites said to them, "If only we had died at the LORD's hand in the land of Egypt, as we sat by our kettles of meat and ate our fill of bread! But you have led us into this wilderness to make this whole assembly die of famine!" Then the LORD said to Moses: I am going to rain down bread from heaven for you. Each day the people are to go out and gather their daily portion; thus will I test them, to see whether they follow my instructions or not. On the sixth day, however, when they prepare what they bring in, let it be twice as much as they gather on the other days. So Moses and Aaron told all the Israelites, "At evening you will know that it was the LORD who brought you out of the land of Egypt; and in the morning you will see the glory of the LORD, when he hears your grumbling against him. But who are we that you should grumble against us?" And Moses said, "When the LORD gives you meat to eat in the evening and in the morning your fill of bread, and hears the grumbling you utter against him, who then are we? Your grumbling is not against us, but against the LORD."*

### Exodus 16:16-19

*"Now, this is what the LORD has commanded. Gather as much of it as each needs to eat, an omer\* for each person for as many of you as there are, each of you providing for those in your own tent." The Israelites did so. Some gathered a large and some a small amount. But when they measured it out by the omer, the one who had gathered a large amount did not have too much, and the one who had gathered a small amount did not have too little. They gathered as much as each needed to eat. Moses said to them, "Let no one leave any of it over until morning." But they did not listen to Moses, and some kept a part of it over until morning, and it became wormy and stank. Therefore Moses was angry with them.*

### Exodus 16:31-35

*The house of Israel named this food manna. It was like coriander seed, white, and it tasted like wafers made with honey. Moses said, "This is what the LORD has commanded. Keep a full omer of it for your future generations, so that they may see the food I gave you to eat in the wilderness when I brought you out of the land of Egypt." Moses then told Aaron, "Take a jar and put a full omer of manna in it.*

*Then place it before the LORD to keep it for your future generations.” As the LORD had commanded Moses, Aaron placed it in front of the covenant to keep it. The Israelites ate the manna for forty years, until they came to settled land; they ate the manna until they came to the borders of Canaan.*

## **Leviticus 23:13**

*Its grain offering shall be two tenths of an ephah of bran flour mixed with oil, as a sweet-smelling oblation to the LORD; and its libation shall be a fourth of a hin of wine.*

## **Numbers 6:27**

*He shall then offer up the ram as a communion sacrifice to the LORD, along with the basket of unleavened cakes, and the priest will offer the grain offering and libation.*

## **Deutoronomy 29:5**

*it was not bread that you ate, nor wine or beer that you drank—so that you might know that I, the LORD, am your God.*

## **PSALM 78**

Attend, my people, to my teach  
intend to the words of my mouth.  
I will open my mouth in a parable,  
unfold the puzzling events of the past.  
What we have heard and know;  
things our ancestors have recounted to us.  
We do not keep them from our children;  
we recount them to the next generation,  
The praiseworthy deeds of the LORD and his strength,  
the wonders that he performed.  
God made a decree in Jacob,  
established a law in Israel:  
Which he commanded our ancestors,  
they were to teach their children;  
That the next generation might come to know,  
children yet to be born.  
In turn they were to recount them to their children,  
that they too might put their confidence in God,  
And not forget God's deeds,  
but keep his commandments.

They were not to be like their ancestors,  
a rebellious and defiant generation,  
A generation whose heart was not constant,  
and whose spirit was not faithful to God.  
The ranks of Ephraimite archers,  
retreated on the day of battle.  
They did not keep God's covenant;  
they refused to walk according to his law.  
They forgot his deeds,  
the wonders that he had shown them.

In the sight of their ancestors God did wonders,  
in the land of Egypt, the plain of Zoan.  
He split the sea and led them across,  
making the waters stand like walls.  
He led them with a cloud by day,  
all night with the light of fire.  
He split rocks in the desert,  
gave water to drink, abundant as the deeps of the sea.  
He made streams flow from crags,  
caused rivers of water to flow down.

But they went on sinning against him,  
rebellious against the Most High in the desert.  
They tested God in their  
demanding the food they crave  
They spoke against God, and said,  
"Can God spread a table in the wilderness?  
True, when he struck the rock,  
water gushed forth,  
the wadies flooded.  
But can he also give bread,  
or provide meat to his people?"

The LORD heard and grew angry;  
fire blazed up against Jacob;  
anger flared up against Israel.  
For they did not believe in God,  
did not trust in his saving power.  
So he commanded the clouds above;  
and opened the doors of heaven.  
God rained manna upon them for food;  
grain from heaven he gave them.  
Man ate the bread of the angels;\*  
food he sent in abundance.  
He stirred up the east wind in the skies;  
by his might God brought on the south wind.  
He rained meat upon them like dust,



winged fowl like the sands of the sea,  
They fell down in the midst of their camp,  
all round their dwellings.  
They ate and were well filled;  
he gave them what they had craved.  
But while they still wanted more,  
and the food was still in their mouths,  
God's anger flared up against them,  
and he made a slaughter of their strongest,  
laying low the youth of Israel.  
In spite of all this they went on sinning,  
they did not believe in his wonders.

God ended their days abruptly,  
their years in sudden death.  
When he slew them, they began to seek him;  
they again looked for God.  
They remembered that God was their rock,  
God Most High, their redeemer.  
But they deceived him with their mouths,  
lied to him with their tongues.  
Their hearts were not constant toward him;  
they were not faithful to his covenant.  
But God being compassionate forgave their sin;  
he did not utterly destroy them.  
Time and again he turned back his anger,  
unwilling to unleash all his rage.  
He remembered that they were flesh,  
a breath that passes on and does not return.

How often they rebelled against God in the wilderness,  
grieved him in the wasteland.  
Again and again they tested God,  
provoked the Holy One of Israel.  
They did not remember his power,  
the day he redeemed them from the foe,  
When he performed his signs in Egypt,  
his wonders in the plain of Zoan.  
God turned their rivers to blood;  
their streams they could not drink.  
He sent swarms of insects that devoured them,  
frogs that destroyed them.  
He gave their harvest to the caterpillar,  
the fruits of their labor to the locust.  
He killed their vines with hail,  
their sycamores with frost.  
He exposed their cattle to plague,  
their flocks to pestilence.

He let loose against them the heat of his anger  
wrath, fury, and distress,  
a band of deadly messengers.  
He cleared a path for his anger;  
he did not spare them from death,  
but delivered their animals to the plague.  
He struck all the firstborn of Egypt, a  
the first fruits of their vigor in the tents of Ham.  
Then God led forth his people like sheep,  
guided them like a flock through the wilderness.  
He led them on secure and unafraid,  
while the sea enveloped their enemies.  
And he brought them to his holy mountain,  
the hill his right hand had won.  
He drove out the nations before them,  
allotted them as their inherited portion,  
and settled in their tents the tribes of Israel.

But they tested and rebelled against God Most High,  
his decrees they did not observe.  
They turned disloyal, faithless like their ancestors;  
they proved false like a slack bow.  
They enraged him with their high places,  
and with their idols provoked him to jealous anger.

God heard and grew angry;  
he rejected Israel completely.  
He forsook the shrine at Shiloh,  
the tent he set up among human beings.  
He gave up his might into captivity,  
his glorious ark into the hands of the foe.  
God delivered his people to the sword;  
he was enraged against his heritage.  
ire consumed their young men;  
their young women heard no wedding songs.  
Their priests fell by the sword;  
their widows made no lamentation.  
Then the Lord awoke as from sleep,  
like a warrior shouting from the effects of wine.  
He put his foes to flight;  
everlasting shame he dealt them.  
He rejected the tent of Joseph,  
chose not the tribe of Ephraim.  
God chose the tribe of Judah,  
Mount Zion which he loved.  
He built his shrine like the heavens,  
like the earth which he founded forever.

He chose David his servant,  
took him from the sheepfolds.  
From tending ewes God brought him,  
to shepherd Jacob, his people,  
Israel, his heritage.  
He shepherded them with a pure heart;  
with skilled hands he guided them.

## PSALMODY

*Ant.* Blessed are the pure of heart for they shall see God.

### Psalm 15

*Who is worthy to stand in God's presence?*

*You have come to Mount Zion, to the city of the living God (Hebrews 12:22).*

Lord, who shall be admitted to your tent \*  
and dwell on your holy mountain?

He who walks without fault; \*  
he who acts with justice  
and speaks the truth from his heart; \*  
he who does not slander with his tongue;

he who do no wrong to his brother, \*  
who casts no slur on his neighbor,  
who holds the godless in disdain, \*  
but honors those who fear the Lord;

he who keeps his pledge, come what may; \*  
who takes no interest on a loan  
and accepts no bribes against the innocent. \*  
Such a man will stand firm for ever.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.

### Psalm Prayer

Make our lives blameless, Lord. Help us to do what is right and to speak what is true,  
that we may dwell in your tent and find rest on your holy mountain.

*Ant.* Blessed are the pure of heart for they shall see God.





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