

**October 30**

The Fourth Glorious Mystery


# The Assumption of Mary Into Heaven

For he has looked upon  
his handmaid's lowliness;  
behold, from now on will  
all ages call me blessed.

The Mighty One has  
done great things for me,  
and holy is his name.

(Lk 1:48-49)

Dormition Abbey, Mount Zion.



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## Bringing It Home:

Place an image of Jesus and Mary on your prayer table today, and take some time to consider her in Heaven with Jesus, the Father and the Holy Spirit. Address her with the words of the Angel Gabriel and Elizabeth today reciting the Hail Mary, or address your needs to her through the words of the classical words of the 'Memorare' prayer

## MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired with this confidence, I fly to thee, O Virgin of virgins, my Mother; to thee do I come; before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen.