October 23



The Fourth Sorrowful Mystery

The Carrying of the Cross

They pressed into service a passer-by, Simon, a Cyrenian, who was coming in from the country, the father of Alexander and Rufus, to carry his cross. They brought him to the place of Golgotha (which is translated Place of the Skull). (Mk 15:21-22)

The Via Dolorosa (the Way of the Cross), Jerusalem





The Via Dolorosa (the Way of the Cross), Jerusalem

The Fourth Sorrowful Mystery

The Carrying of the Cross

Bringing It Home:

In a journal, write out a list of the crosses you identify in your life. Reflect if you are embracing or rejecting those crosses.