

# PILGRIMAGE OF GRACE

E U C H A R I S T



## Fathers of the Church

*I have no taste for corruptible food nor for the pleasures of this life. I desire the bread of God, which is the flesh of Jesus Christ, who was of the seed of David; and for drink I desire his blood, which is love incorruptible.*

*(Letter to the Romans 7:3).*

*Take note of those who hold heterodox opinions on the grace of Jesus Christ which has come to us, and see how contrary their opinions are to the mind of God... They abstain from the Eucharist and from prayer because they do not confess that the Eucharist is the flesh of our Savior Jesus Christ, flesh which suffered for our sins and which that Father, in his goodness, raised up again. They who deny the gift of God are perishing in their disputes.*

*(Letter to the Smyrnaeans 6:2–7:1).*



## The Temptation of Jesus

*Then Jesus was led by the Spirit into the desert to be tempted by the devil. He fasted for forty days and forty nights,\* and afterwards he was hungry. The tempter approached and said to him, "If you are the Son of God, command that these stones become loaves of bread." He said in reply, "It is written: 'One does not live by bread alone, but by every word that comes forth from the mouth of God.'" Then the devil took him to the holy city, and made him stand on the parapet of the temple, and said to him, "If you are the Son of God, throw yourself down. For it is written: 'He will command his angels concerning you' and 'with their hands they will support you, lest you dash your foot against a stone.'" Jesus answered him, "Again it is written, 'You shall not put the Lord, your God, to the test.'" Then the devil took him up to a very high mountain, and showed him all the kingdoms of the world in their magnificence, and he said to him, "All these I shall give to you, if you will prostrate yourself and worship me." At this, Jesus said to him, "Get away, Satan! It is written: 'The Lord, your God, shall you worship and him alone shall you serve.'" Then the devil left him and, behold, angels came and ministered to him.*

*Matthew 4:1-11*

## Psalm 145

### Praise of God's majesty

To you alone, Lord, we look with confidence; you are ever close to those who call upon you.

The Lord is faithful in all his words \*  
and loving in all his deeds.

The Lord supports all who fall \*  
and raises all who are bowed down.

The eyes of all creatures look to you \*  
and you give them their food in due time.

You open wide your hand, \*  
grant the desires of all who live.

The Lord is just in all his ways \*  
and loving in all his deeds.  
He is close to all who call him, \*  
who call on him from their hearts.

He grants the desires of those who fear him, \*  
he hears their cry and he saves them.  
The Lord protects all who love him; \*  
the wicked he will utterly destroy.

Let me speak the praise of the Lord, †  
let all mankind bless his holy name \*  
for ever, for ages unending.

Glory to the Father, and to the Son, \*  
and to the Holy Spirit:  
as it was in the beginning, is now, \*  
and will be for ever. Amen.



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