## October 1





Bringing It Home:

In a spiritual journal, or on any sheet of paper, write a short letter to Mary about what your expectations are for this month of pilgrimage and prayer. What are you hoping for?

## **ANGELUS**

The Angel of the Lord declared to Mary: And she conceived of the Holy Spirit. Hail Mary...

Behold the handmaid of the Lord: Be it done unto me according to Thy word. Hail Mary...

And the Word was made Flesh: And dwelt among us.

Hail Mary...

Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech You, O Lord, Your Grace into our hearts; that as we have known the incarnation of Christ, your Son by the message of an angel, so by His passion and cross we may be brought to the glory of His Resurrection. Through the same Christ, our Lord. Amen.